



We believe that all people are made in the image of God and are loved by God. Everyone is equal and we treat each other with dignity and respect.

**Aims:**

- To have a happy environment free from any type of bullying behaviour.
- To ensure we all understand that bullying is not acceptable.
- To ensure that everyone is treated fairly and with respect.
- To make sure the school is a safe and secure place for everyone.

**The Headteacher, Governors and staff will work together:**

- They will make our school a safe and happy place.
- They will help everyone to get on with each other.
- They will help everyone to be who they are.
- They will identify when it is (serious) bullying

**What is Bullying?**

A bully is someone who hurts someone else by using behaviour which is meant to hurt, frighten or upset another person. This behaviour is repeated frequently.

**Bullying Can be.....**

**Racist:**

Calling you names because of the colour of your skin or your religion.



**Physical:**

Punching, kicking, shoving, spitting, hitting and pushing.

**Cyber:**

Saying unkind things by text, email, or online.



**Verbal:**

Being teased, name-calling, saying things behind a person's back.

**Emotional:**

Hurting people's feelings; leaving you out.





## If you are bullied:

### Do:

- Ask them to STOP
- Walk away.
- Tell someone



### Don't:

- Think it's your fault.
- Do what they say.
- Get angry or hit them
- Keep it inside.

## If it happens again, or you are too scared to speak openly about it,

- **TELL SOMEONE;**
- Talk to a friend.

## What should I do, if I see someone else is being bullied?

- Tell an adult straight away.
- Don't try and get involved, you might end up getting hurt, or you could end up in trouble yourself.
- Don't stay silent, or the bullying will keep happening

## What will happen to a bully?

Teachers will get involved and help everyone solve the problems. They can talk to you, your parents and talk to your friends.

## Who can I tell?

- A Friend
- Parents/Carers
- Teachers/Staff
- Any Other Trusted Adult
- People who help us
- Sports Leaders
- School Council
- Anti-bullying Ambassadors
- Church Team
- Childline



**Always remember to tell someone.**

**We promise to always treat bullying seriously.**



**Where dreams are made and futures created.**